

Professional Development Foundation educate.

Coaching Psychology

living your full potential



prospectus

Leader's Welcome

On behalf of the Coaching Psychology Faculty, I would like to welcome you to view our new programme in partnership with The Professional Development Foundation and Middlesex University.

Together with our partners we are committed to:

- encouraging life-long learning
- helping you learn from your experience
- increasing your capacity for reflective practice
- facilitating the generation of a significant piece of work based research.

We look forward to sharing your learning journey which will, we hope, prove both enlightening and challenging. We are here to support you in undertaking the challenge of moving beyond your current experience - it's your journey.

Professor Arnon Levy, Dean of Studies



This programme was developed and is delivered and assessed by PDF, awarded by and quality assured by Middlesex University.



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Who We Are

The Professional Development Foundation [PDF] was established by Professor David Lane, who developed the groundbreaking methodology of “The Learning Journey”, back in 1975. This has subsequently successfully been applied worldwide. Our guiding principle is sharing our passion for learning.

The New Existential Coaching Psychology [NECP] an international academic society, was founded and currently directed by Dr Arnon Levy a clinical psychologist, psychoanthropologist and an existential life coach. The society’s vision is to promote a discipline of humanistic / existential coaching based on methodology from human and social sciences.

NECP is affiliated with the International Society for Logotherapy. Our Existential Analysis courses are recognised by both the International Society for Coaching Psychology [ISfCP] and the International Society for Logotherapy and Existential Analysis.

Our partnership with the Professional Development Foundation and Middlesex University has given us the great opportunity of being able to offer an innovative theoretical framework together with a very effective practice in the evolving field of Coaching Psychology.

This programme is available to professionals from around the world enabling them to study advanced coaching skills and academic qualifications at Postgraduate Certificate, Master’s and Doctorate levels in Coaching and Coaching Psychology.

Our Vision

Our vision is to develop and distribute a unique contemporary approach to the development of Coaching and Coaching Psychology. This approach is research based, pluralistic and characterised by a commitment to using a philosophical underpinning built on Humanistic and Existential values applied to the learning process and to coaching practice.

NECP’s approach is based upon research in developmental psychology, evolutionary science, comparative psychology culture studies and systems theory. We aim to adapt the existential coaching knowledge derived from this approach into our career and personal life, and to enhance creative life-long learning in everyday life.

This programme is the first to be based within an international group of specialists across the globe working together with an international student body. Together they constitute an international faculty sharing skills, experience and knowledge to create a learning journey shared by all, but unique to each.

We recognise that everyone’s needs are different, so we have created a highly flexible programme, suitable for busy professionals.

Simply contact Client Manager Carole Ferro on **+44(0)1257 400197** or email her on **carole.ferro@pdf.net**

Specialist Programmes in Coaching Psychology

The Professional Development Foundation offers a range of specialist programmes for coaches wishing to develop their practice. These have been designed with the professional coach in mind and cover the development needs of those for whom coaching is a significant part of their role description (e.g. HR professionals) and for those wishing to develop their practice as professional coaches in organisations or in private practice.

They are:

1. Practitioner Postgraduate Certificate
2. Specialist Route
3. MA Coaching / MSc Coaching Psychology
4. Doctorate

1) Practitioner Postgraduate Certificate Programme

The Practitioner programme has been developed for the experienced internal or external coach working with a restricted client base who wishes to obtain recognition for their knowledge and skills and undertake a practice based project.

2) Specialist Route

A specialist fast track route for psychologists with significant experience of coaching (two years practice and logged 250 hours of client experience) is available under certain circumstances, which can be completed in one year.

3) MA / MSc Masters in Professional Development [Coaching, Coaching Psychology] (EMCC Quality Award Accredited)

This work-based Master's Degree is available to experienced coaches and has a focus on research within practice.

4) Professional Doctorate in Coaching

The Professional Doctorate was specifically designed to enable research into practice at the Doctorate level. Candidates choose their own focus for study and undertake research in their area of choice.

Admission Criteria

Students will be expected to demonstrate an ability to undertake the academic requirements of the programme. Evidence for this will include at least one of the following:

- A first degree or equivalent academic qualification
- A professional qualification that has involved study to at least degree level
- Accreditation of prior learning
- Personal interviews to establish the ability to withstand the academic and professional duties successfully

In addition, it is expected that students will:

- Have held a position of responsibility of relevance to the programme
- Be able to demonstrate that he/she will be able to undertake sufficient practical work during the period of the programme so as to be able to complete the practical elements and requirements of the programme

Student Selection

Candidates, irrespective of their entry qualifications need to satisfy the Programme Team that they:

- Are capable of meeting the academic requirements of the programme, with support where necessary
- Understand the self-development nature of learning
- Have the motivation and time to undertake self directed learning
- Are willing to share responsibility for devising their route through the programme

Title	Practitioner Programme	Specialist Route	Coaching and Coaching Psychology MA/MSc	Professional Doctorate in Coaching
Academic Award	Postgraduate Certificate	MA/MSc	180 credits at Masters Level	Doctorate
Professional EMCC accreditation	EMCC Practitioner	N/A	N/A	N/A
Purpose of programme	Credential for coaches of at least 2 years professional experience	Credential for senior psychologists with significant experience in coaching	Credential for business coaches of at least 5 years professional experience working with senior and Board level executives	Professional Doctorate for experienced practitioner of at least five years experience wishing to undertake practice based research Dcorate by Public Works also available
Fees	£3950+VAT	£8000+VAT	£10000+VAT	In consultation
Time scale	4-9 months	1 year	2 years	3-4 years



Practitioner Postgraduate Certificate Programme

EMCC Accredited (Practitioner)

Aims

The Practitioner Postgraduate Certificate provides core training for coaches leading to a credential which identifies and acknowledges their experience and skills whilst also providing a challenging and appropriate development programme. It is intended for those coaches who believe they can evidence their practice and meet the standards identified by the EMCC Practitioner level 7.

Approach

You will be guided by an experienced and fully qualified Master Coach through a blended learning programme to produce:

- 1) a portfolio that evidences your practice is at Practitioner level. The programme includes one-to-one coaching, self-assessments, a virtual learning environment, guided reading and a written submission and
- 2) a work-based project of your own design which advances your practice in an area of your choice.

It can be taken as an individual or as part of a cohort of peers. Cohorts are formed at approximately six-monthly intervals.

Programme Outcomes

- Develop the ability to critically analyse and evidence the range, depth and source of your existing professional knowledge and strengths in career, social and personal circumstances.
- Provide explicit demonstration of how you bring this knowledge to bear on your coaching practice.
- Identify the ethical framework you use within practice and how it informs your practice.
- Explicitly describe your model of practice and its theoretical underpinning on an academic level.
- Develop excellence in coaching psychology with the ability to undertake research in a specialist area of practice.

How is it assessed?

You will develop your portfolio in stages with feedback from your supervisor. The portfolio is then assessed by two independent assessors.

The assessment is set against the competencies approved by the EMCC for Practitioner-level coaches.

The work-based project is designed by you, in consultation with the research faculty of NECP and PDF. It can include a range of approaches from the analysis of a specific organisational coaching intervention through to an in-depth literature review of a specific area of interest to you. The assessment is of your 4,000 word report on the work.

What support will be provided?

Your resources have been designed for the distance learner and come in four forms to suit most personal learning styles.

- A designated and qualified Master Coach who is available to you on-line or through individual telephone/webcam tutorials.
- A detailed manual/workbook, which will take you through each stage of the preparation of the portfolio and project.
- Access to a virtual learning environment where you can access background resources such as coaching bibliographies and reflection manuals and where you can discuss and develop your submission with the help of your peers.
- Web-based and face-to-face workshops given by the faculty, aimed at developing your unique and congruent model of practice.

Time commitment

Four to nine months depending upon your availability. This is a programme designed to fit around your work commitments.

Costs

£3950 (+VAT).

Location

You will contract with your own Master Coach the frequency of your interactions and whether they are one-to-one in person or using our specialised web-based technology and/or more remotely through telephone and email.

Local cohorts will provide the face-to-face work. As part of the cohort there will be an initial induction workshop. This will allow you to meet your fellow candidates and the faculty. If you cannot attend then you will be inducted individually.

Technical Requirements

You will need access to and the ability to use:

- an internet connection preferably broadband,
- a computer with a webcam, the ability to play audio and a printer,
- up-to-date software,
- up-to-date anti-virus software.

Specialist Route

Aims

The specialist route provides experienced senior coaches with credentials which identify and acknowledge their experience and skills whilst also providing a challenging and appropriate development programme. It is aimed at those coaches who wish to have their existing knowledge and expertise acknowledged. It uses PDF's experience and contribution to professional standards with EMCC, and more recently, the Global Coaching Convention, to provide you with a current and robust designation.

Approach

You will be assigned an Advisor who will be available to you throughout your programme. This will include one-to-one coaching, self-assessments, a virtual learning environment, guided reading and a written submission.

The Programme Structure provides a map of the stages in the programme. Throughout each of these you will be supported within peer learning groups, with detailed step-by-step manuals, workshops and tutorials, a virtual learning environment and advice from a learning coach and research supervisor.

Programme Outcomes

You will be able to explicitly:

- identify the range, depth and source of your existing professional knowledge and capabilities;
- demonstrate how you bring this knowledge to bear on your professional practice through the development of professional judgement and analysis;
- identify the ethical framework you use within practice and how it informs your practice;
- demonstrate that you have undertaken an analysis of your professional experience and its operational context together with the theoretical perspectives which inform your practice;
- synthesise this into a framework and/or model of practice which is coherent to the purpose and client base of your practice;
- demonstrate the skilled use of a wide repertoire of methods for planning action in response to your own professional needs and those of your clients;
- identify how you use your personal, professional and organisational resources to bring value to your work and your clients.

How is it assessed?

You will develop your portfolio in stages with feedback from your supervisor. The portfolio is then assessed by two independent assessors. They will assess it and identify the value (or equivalent credit) of the knowledge and experience evidence within it, against the competencies identified for Master level Coaches by EMCC.

In summary these standards include:

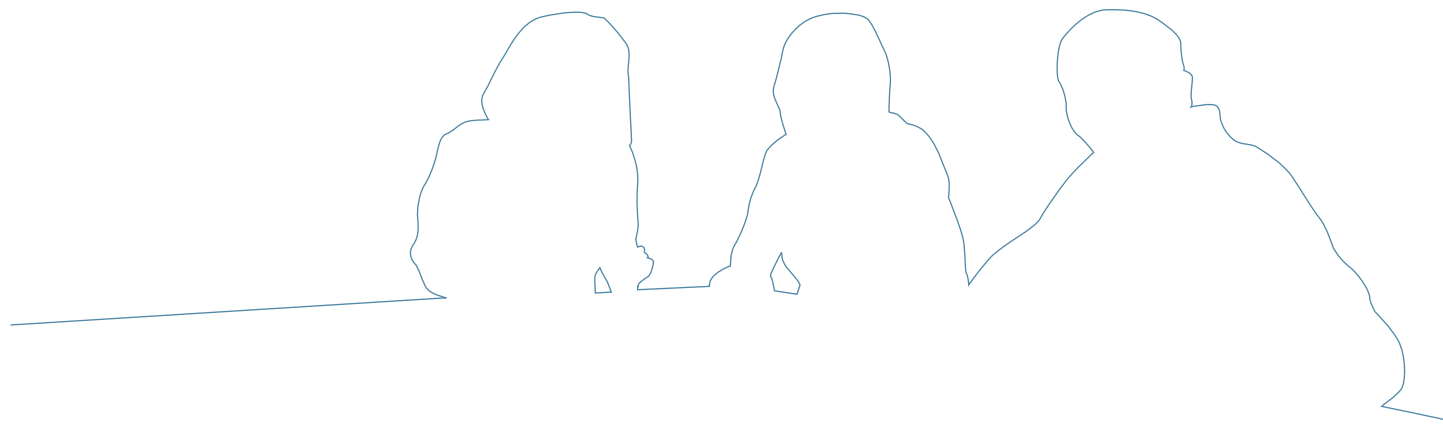
- Training and experience at mastery level.
- Relevant years' of experience.
- Evidence of competent practice.
- Evidence of ethical practice.
- Underpinning knowledge at mastery level.
- A coherent model of practice.

Once you have achieved the standard you join the work-based research phase of the Masters Programme to complete your Masters degree.

What support will be provided?

Your resources have been designed for the distance learner and come in four forms to suit most personal learning styles.

- A designated and qualified Master Coach who is available to you on-line or through individual telephone/webcam tutorials.
- A detailed manual/workbook which will take you through each stage of the preparation of the portfolio.
- Access to a virtual learning environment where you can access background resources such as coaching bibliographies and reflection manuals and where you can discuss and develop your submission with the help of your peers.
- Web-based and face-to-face workshops given by the faculty, aimed at developing your unique and congruent model of practice.



Time commitment

This will usually be up to a year depending on your availability. This is an individual programme designed to fit around your work commitments.

Costs

£8000 (+VAT).

Location

You will contract with your own Master Coach the frequency of your interactions and whether they are one-to-one in person or using our specialised web-based technology and/or more remotely through telephone and email. There are no requirements to attend our centres physically.

If you prefer to learn as part of a cohort there will be an initial induction workshop. This will allow you to meet your fellow candidates and the faculty. If you cannot attend then you will be inducted individually.

Technical Requirements

You will need access to and the ability to use:

- an internet connection preferably broadband,
- a computer with a webcam, the ability to play audio and a printer,
- up-to-date software,
- up-to-date anti-virus software.





The Masters Degree Programme in Coaching MA and Coaching Psychology MSc

EMCC Accredited (Master's Level)

Aims

The NECP and The Professional Development Foundation's Master Degree Programme has been developed to provide a flexible learning experience for busy professional coaches, underpinned by best practice and research in learning and development, whilst maintaining the highest academic standards. It is not an introductory course but one that draws extensively from the coaches' own practice.

This Masters programme is accredited by the European Mentoring and Coaching Council at Masters Level, thereby providing you with the assurance of quality in both provision and faculty.

Approach

You will be assigned an Advisor who will be available to you throughout your programme. The programme includes one-to-one coaching, self-assessments, a virtual learning environment, guided reading and a written submission. It is taken as part of a cohort of peers. Cohorts are formed at approximately six-monthly intervals.

The Programme Structure provides a map of the stages in the programme. Throughout each of these you will be supported within peer learning groups, with detailed step-by-step manuals, workshops and tutorials, a virtual learning environment and advice from a learning coach and research supervisor.

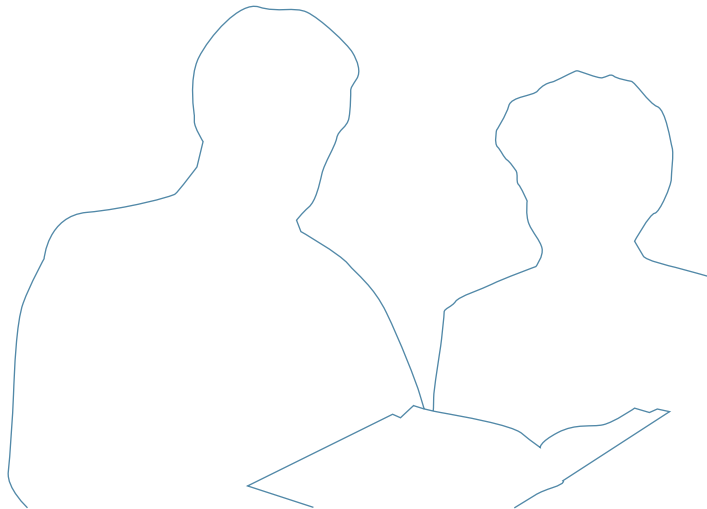
The flexibility of the programme comes from the following elements:

- You will be supported to plan your own programme and submission deadlines to meet your professional needs.
- The assessment of modules is specifically designed to address your learning as a coach. Therefore the required submissions do not include essays on workshop content or exams. Assessment tasks reflect the real life requirements of your practice. These could include observation of practice and reporting of work-based projects.
- The PDF have developed a specific 'Learning Journey Document' © which allows the learning from workshops and small projects to be coherently developed into a submission for assessment. This assessment will include your model for coaching; its underpinning theoretical and philosophical basis; case studies and your log of coaching and supervision.
- Your assigned Learning Coach and Research Supervisor who will work with you throughout the course of your programme.

Programme Outcomes

Develop the ability to critically analyse in depth understanding of your existing professional knowledge and capabilities in work and in social and personal circumstances.

- Provide explicit demonstration of how you bring this knowledge to bear on your coaching practice.
- Explicitly describe your model of practice and its theoretical underpinning on an academic level.
- Ability to undertake research in a specialist area of practice.
- Develop excellence in coaching psychology.



What support will be provided?

Your resources have been designed for the distance learner and come in five forms to suit most personal learning styles.

- A designated and qualified Academic Advisor and Coach who is available to you on-line or through individual telephone/webcam tutorials. Throughout your programme you will be given feedback on all your work prior to submission so you can be confident you are progressing and achieving the required standard.
- Detailed manual/workbooks, for each module.
- Access to a virtual learning environment where you can access background resources such as coaching bibliographies and reflection manuals and where you can discuss and develop your submission with the help of your peers.
- Web-based and face-to-face workshops given by Prof David Lane and other faculty, aimed at developing your unique and congruent model of practice.
- For your project work you will also receive guidance and support from dedicated research supervisors drawn from a range of disciplines through webcam tutorials and on-line workshops.

Time commitment

Two years.

Costs

£10000 + VAT over two years.

Programme Structure

Stage 1: Review of Prior Learning

This stage acknowledges the real expertise already held by you and developed through your professional work. It allows a self-assessment of you as a learner and your current development. NECP offer complementary courses to psychologists and coaches and special certificate studies to complete the requirements.

Stage 2: The Programme Plan

You will be supported to develop your own programme which meets your development needs, within your own work context and fulfils the requirements of a Masters programme. This learning plan becomes a contract between the individual, their organisation and the university.

Stage 3: Advanced Coaching Practice

This module can be taken if your review of learning has identified the need for further coaching development. It can include training and development provision by PDF or another training provider accredited by PDF. It must address your development needs as identified in your programme plan but can do this through an in-house workshop programme or similar training provision.

Stage 4: Research modules

You will undertake two modules: one on research methodology to give you the tools to design and undertake a work-based project; the second is the research activity itself and this will address an area of practice in which you have an interest and passion thereby contributing to your development but also the work of your organisation or professional area.

Location

You will contract with your own Advisor the frequency of your interactions and whether they are one-to-one in person or using our specialised web based technology and/or more remotely through telephone and email.

You will learn as part of a cohort and there will be initial module workshops. This will allow you to meet your fellow candidates and the faculty. If you cannot attend then you will be inducted individually.

Technical Requirements

You will need access to and the ability to use:

- an internet connection preferably broadband,
- a computer with a webcam, the ability to play audio and a printer,
- up-to-date software,
- up-to-date anti-virus software.

The Professional Doctorate Programme in Coaching Psychology or Existential Coaching Psychology

Aims

The Professional Doctorate Programme has been developed to provide the opportunity for Coaches to undertake a Doctorate programme focused upon, and researching into, their own practice. The candidate chooses their own specialist area of study and undertakes research which not only meets all the criteria for Doctorate level work but also has the potential to make an impact upon the student's own practice, that of their peers and their profession. It is an opportunity for coaches interested in research at this level to work on an area of direct impact upon practice with the support and advice of researchers from a range of disciplines.

Approach

You will be assigned an Advisor who will be available to you throughout your programme. The programme includes one-to-one coaching, a virtual learning environment, guided reading and written submissions.

The Programme Structure provides a map of the stages in the programme. Throughout each of these you will be supported with detailed step-by-step manuals, workshops and tutorials, a virtual learning environment and advice from an Advisor and research consultant(s) identified as a specialist in the chosen area of study.

Programme Outcomes

These will be specific to the candidate and driven by their choice of research.

What support will be provided?

- A designated and qualified Academic Advisor and Coach who is available to you on-line or through individual telephone/webcam tutorials. Throughout your Programme you will be given feedback on all your work prior to submission so you can be confident you are progressing and achieving the required standard.
- Once you have fully identified your research project you will also be assigned a research consultant (an expert in the field who may well be working in another institution or University) who will be available to you throughout your project work.
- Access to a virtual learning environment where you can access background resources such as coaching bibliographies and reflection manuals and where you can discuss and develop your submission with the help of your peers.

Time commitment

Although some candidates have finished sooner, the typical timescale is between 3 and 5 years.

Costs:

Under review.

Programme Structure

Stage 1: Review of Learning to date and preparation of research proposal.

Within this initial stage you will prepare three submissions, which identify your learning, to-date and acknowledge the real expertise already held by you and developed through your professional work. You will also develop your research proposal with the help and support of your Advisor. This is then constructively reviewed by University faculty who will be looking at whether it is at the appropriate level, practicable and has the potential to make an impact upon your coaching practice and the profession. Following their feedback you will have the opportunity to further develop your research proposal into a tractable and appropriate research plan.

Stage 2: Research activity and preparation of the research report.

Once your proposal has been approved you will be able to carry out your research confident that your project will be able to deliver the results required of a Doctorate level programme. Your consultant will be chosen on the basis of their expertise in your chosen subject and they will then be available to you throughout your project work.

One Year Doctorate for executives by career and public work

- The standard of the doctorate by career and Public Works is equivalent to that of a PhD by thesis. The candidate must have made a personal, systematic, study normally on a single or predominant theme with unity, continuity, and convergent treatment among the works. The candidate must have shown originality by the exercise of independent critical power and made a distinct and significant contribution to knowledge. The candidate must have presented and defended the submitted works to the satisfaction of the examiners.
- For the Doctorate by Public Works, the submission must be 'impactful', 'original' and 'significant'. 'Originality' is understood broadly and includes offering something not offered previously, seeing something in a new way, applying a known technique, method or model in a new way or in a new context, putting forward new arguments, or a new interpretation of an idea.

- For the Doctorate by Public Works, a context statement is required to supplement work of intrinsic doctoral standard in such a way as to create, overall, a PhD-equivalent submission.
- The context statement should be used creatively to supplement, or make explicit, or fill in the gaps left by the public works to ensure a PhD-equivalent submission. Thus, the content of the context statement will vary from case to case dependent on the character and content of the public works submitted. It is, therefore, not possible to put forward a template for the context statement or to prescribe definitively its content or character.

Location

You will contract with your own Advisor on the frequency of your interactions and whether they are one-to-one in person or using our specialised web based technology and/ or more remotely through telephone and email. There are no requirements to attend our centres although you will probably want to meet your research consultant in person. This will be arranged for mutual convenience.

Technical Requirements

You will need access to and the ability to use:

- an internet connection preferably broadband,
- a computer with a webcam, the ability to play audio and a printer,
- up-to-date software,
- up-to-date anti-virus software.

All enquiries to **david.lane@pdf.net**

Frequently Asked Questions

Is a work-based degree of equal standing to other university Master's Degrees?

The academic degrees achieved during NECP study programmes are assessed at the same level and rigour as conventional academic degrees in Middlesex University. The difference is that you will need to show the impact and application of your studies within your professional work. It enables practitioners to attain in their professional practice and have that excellence acknowledged. Previous PDF students have presented their work at professional conferences and published within refereed journals. This is practice we encourage. All our research supervisors are research active in publishing at the highest level.

If once I have started I don't think the programme meets my needs can I get a refund?

We have interview procedures to make sure the programme is a good fit with your needs but should you wish to leave we have a sliding scale of refunds depending upon how long you have been in the programme.

Can I study as a member of a group?

Some people find the stimulation of group discussion and dialogue essential for their learning. Where possible we form our students into teach cohorts who meet virtually or in person. Alternatively, we can offer an individual programme appropriate to those who have a less regular diary or who would like to undertake their programme in a particular timeframe.

What can I work on in my project?

This is your opportunity to carry out a research project, which addresses questions and dilemmas about which you are passionate. We actively encourage creative and exploratory

research, which will impact significantly on you, and your fellow professionals work. It must be innovative and highly strategic in nature.

What academic qualifications do I need to enter the programme?

The programme is about advanced professional practice so traditional academic entry qualifications are not prescribed. You will need to be able to demonstrate that you are able to undertake major project work within your role and you have the capability of making an impact on your organisation or profession. Often people underestimate the influence they have and it is worthwhile having a conversation with one of our senior faculty if you have any concerns.

What are they taught elements of your courses?

The degree courses are for senior coaches wishing to have their experience and knowledge accredited. You advisor/ Master Coach will support you in the development of your portfolio explicitly identifying your competencies and skill using the range of resources at your disposal. In addition we provide workshops (on-line and in person) specifically dealing with:

- The development and exploration of your coaching model.
- The planning, execution and analysis of your research.

This is your opportunity to carry out a research or development project which addresses questions and dilemmas about which you are passionate. We actively encourage creative and exploratory research which will impact significantly on how you and your fellow professionals work. It must be innovative and can be highly strategic.

Faculty Members

Professor David Lane, Research Director

As Visiting Professor to the Institute of Work Based Learning at Middlesex University, David contributes to leading edge research in coaching as well as the supervision of senior coaches undertaking Doctoral research with PDF. He also developed a Masters programme in Executive Coaching, which is now available in the USA, South Africa and the UK and the first Professional Doctorate programme in coaching.



As a coach for more than thirty years, David has worked across a wide range of industries in a number of countries. Typically working with senior executives facing major change his coaching assists them to align their contribution to change, where they want to go and what makes sense for the business.

David's work with the European Mentoring and Coaching Council has been concerned with Codes of Conduct and Standards and kite marking of coach training. Working with the Worldwide Association of Business Coaches he has researched and developed the standards for the Certified Master Business Coach award. His contributions to counselling psychology led to the senior award of the British Psychological Society for **"Outstanding Scientific Contribution"**.

In 2010 David was presented by The British Psychological Society an award for **Distinguished Contribution to Professional Psychology**.

Professor Arnon Levy, Dean of Studies

Arnon Levy is a chartered clinical psychologist, psychoanthropologist and existential life coach. Professor Levy has extensive clinical experience as a psychologist and supervisor for psychologists for mental health and psychotherapy at the Israel Health Ministry. He was the director of a youth clinic and has extensive experience in various types of psychotherapy and culture sensitive psychopathology and psychotherapy. Professor Levy is the past chairman of the Israel Association for Psychotherapy and was the founder and academic director of the Coaching Training Programme for Psychologists at Tel Aviv University running successfully for seven years.

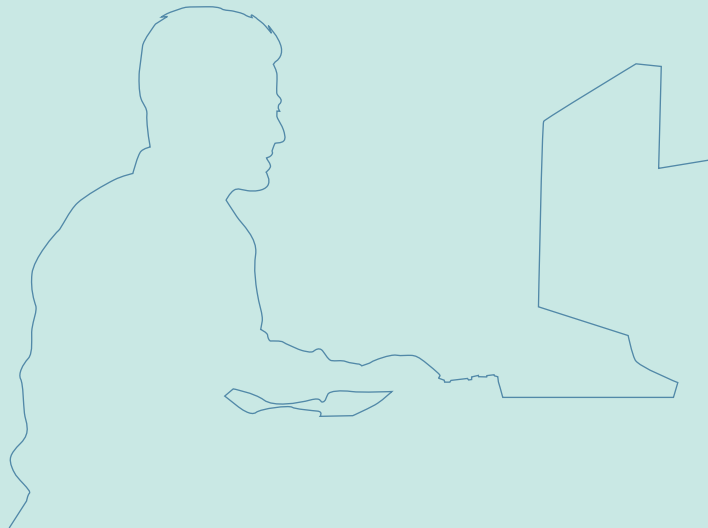


Last year Professor Levy founded the NECP- New Existential Coaching Psychology Academy of which he is current chair and the IACP – Israel Association for Coaching Psychology. He is a member in the international board for the Coaching Psychology International congress and an honorary vice president of the International Society for Coaching Psychology.

How to Apply

To study on any of our programmes you will need to demonstrate that you have the capability for undertaking self-directed learning and are working at a level consistent with advanced research and development project work.

You would normally be working at a senior professional level and have the freedom to develop part of your working role. You will have a number of years' of professional work experience behind you and feel competent within your coaching practice. It is likely that you will hold a first degree (although not required).



Requesting an application

We strongly suggest that you have an initial conversation with one of our senior faculty so we can get to know you and identify early on whether this programme is suitable for your development needs. This will be highly informal and will be an opportunity for you to fully explore the potential of this programme before you invest significant time in the application.

Once you and we are satisfied that this would be an appropriate programme for you, we will invite you to submit an application.

You must submit:

- The completed application form.
- An up-to-date cv.
- A short statement of up to 1000 words which identifies your reasons for doing the programme, your professional scope and any initial thoughts you may have on the focus of your programme.

Once we have received your application we will contact you for your formal interview. After interview you will be notified of the results and, if successful, how you can prepare to start your programme.

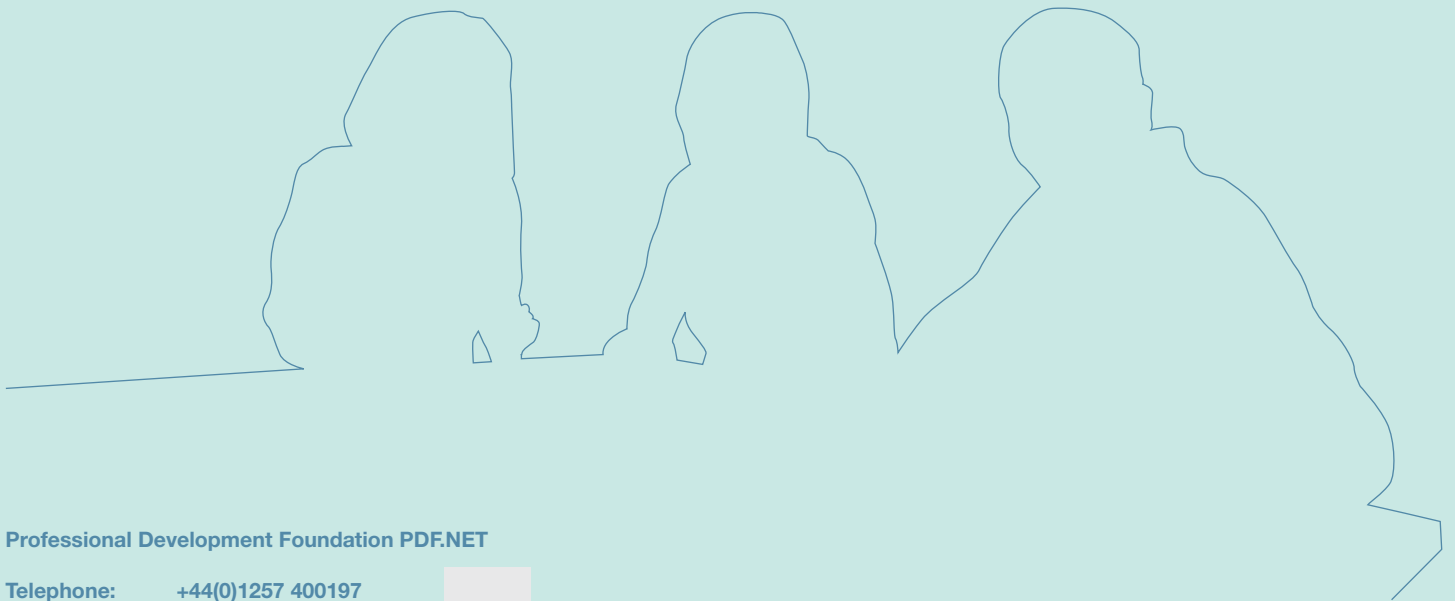
Contact us

We will be delighted to talk with you about your choice of programme at any stage. Simply contact Carole Ferro our Client Manager:

Carole.ferro@pdf.net

Tel no: +44(0)1257 400197

Although English is the main language used on our programmes we do offer support and supervision in other languages according to specific requests.



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